

What ARE they trying to say?

by Brigitte Noel, M.Ms.

Live with any animal, dog, cat, bird, rabbit or rat and there are times, no matter how hard you try, where you fail to understand the reason for a certain behavior. How frustrating. Your dog stares at you, a look deep with meaning...what is he communicating? The cat vocalizes daily a series of warbles and meows definitely meant for your benefit, but what did she say? Could the parrot have more to communicate beyond his possessive love? As for the rabbit, can you really tell from his habits if he loves you as much as you care about him? Pet rats are known for their intelligence, so you may wonder if yours is bored or not feeling well if he decides to change his play routine. How can you know right away?

Animals communicate with body language, vocalization and through thought and image exchange. It takes an open heart and mind for a human being to communicate non-verbally with an animal. Intuitive input must take priority over mental data. When this interaction takes place, thoughts, feelings and emotions are exchanged in a clear sequence back and forth, like on a CB radio. It takes some practice and patience. Because animals communicate at their own pace and on their own time, they are not bound by human courtesy to respond to a question in a timely manner. A beginner can get confused if a response to a question comes too quickly or takes too long. The natural impulse is to retreat to thinking mentally about what is or isn't taking place. This jump into left-brain "mode" instantly cuts off the intuitive line of communication. Animals live in a state of "being"; what we refer to as the right brain mode. For them, the intuitive phone line just went dead and they can't respond. Therefore, it is very important to stop analytical thinking during a telepathic exchange. Instead send out a simple question and wait for the response. All of a sudden, out of the blue will come thoughts, feelings, images and sometimes words that float up into the mind.

So, what is your dog transmitting with that long, deep, gaze into your eyes? He or she is probably trying to connect with you heart to heart, using a human tool—the eyes. (In the animal kingdom eye contact is not a friendly overture, but a challenge.) "If only he could tell me what he is communicating," most people lament...but the dog *is* communicating clearly; whatever a person feels or perceives during the "gaze" *is* the communication. It is much the same with a rabbit or a rat—they express their love or displeasure through body language. A rabbit can look very proud and stately when he lies on his stomach, front paws outstretched and that *is* what he is communicating. Gently look at him, focus on his energy field and send him a non-verbal, heart-felt compliment and accept what comes back to you. When rats chatter with their teeth they are talking to us in "rat". It is up to us to figure out if it is a chatter of delight or concern. Again, the context of the behavior and our intuitive perception of the rat's energy at that moment gives us the answer. Or for example, lost in a maelstrom of thoughts about this or that, you may ask your cat with some annoyance: "Why are you mewing at me right now?" or even give the ubiquitous com-



Photo by Carol Pierce

mand "Please get off my keyboard!" as she interferes with your typing. The behavior may simply say: "I want you to focus on ME, ME, ME." If the shift in attention connects your mind to the heart center and your love for her, the cat has done her job.

As for our bird friends, they appear transparent as they show instant likes and dislikes. But some of their concerns may go undetected. One yellow-necked Amazon revealed during a session that he was very uncomfortable and hot during the day when his person was at work. Apparently, the woman had moved to a different location in the same building. In the new apartment, the window she picked out for her bird faced southwest. She had only been there a week and early in the morning there was plenty of shade and in the evening when she returned the sun had set. She was devastated to learn about his discomfort and made sure he would be in a more suitable location the next day. Not a moment too soon for that overheated bird or his unsuspecting person!

At first it is difficult to distinguish between one's own mental thoughts and the animal's communication. Non-verbal communication is processed by the right side of the brains...it is received unfragmented, in a whole state. Thoughts, feelings and emotions in pure thought forms or images are experienced together, all at once. As a general rule for success, I recommend staying open minded, always. The first intuitive "hit", be it a feeling, a sensation, emotion, a word, a picture or a combination of any of these is usually the correct communication. Anything that follows is most likely an attempt to modify or interpret the information by our rationalizing mind. Stick with the first impression and go from there, no matter how unrealistic it appears to your logical mind. In most instances, sooner or later the validity of the telepathic information is confirmed.

Brigitte Noel, M.Ms. is a San Diego based intuitive animal behavior consultant for animals and their people since 1995. To order LoveLink: Heart to Heart Communication with Animals, go to www.BrigitteNoel.com or by phone 619/295-5504.