

# Horses

My horse no longer appears to enjoy his work out, something is wrong but I can't put my finger on it.

There may be one or more reasons he or she is "off". A session reveals whether the horse is in pain and where; how he feels about the work that is expected of him; whether it is time for new routine, new activities or simply rest.

I have two mares raised in a similar environment: the 10 year old is much more even tempered and quiet than the 18 year old who frequently spooks at familiar objects. Why is that?

Is she getting a feed that is too rich for her daily activities? If the answer is no, we find out why she is this way and what is causing her to see familiar surroundings as if for the first time, each time. The answers help you know how to help her and promote patience and compassion for her process.

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