

# Birds

What can I learn from my bird that I don't already know?

Well, you can learn his or her perspective on what you already know and that can be very enlightening!

Why does my parrot pick it's feathers?

Feather picking is a general sign of emotional distress. Every animal is a unique individual. It is important to find out the precise nature of the stress and why the bird can't cope with it.

I think my parrot is lonely, should I get another bird?

It is definitely worth consulting him or her on this one! You may be surprised by the answer.

If you have a question or just want to connect more deeply with your animal companion, contact Brigitte Noel.

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